



MYPLUS
UNIVERSITIES'
CLUB

BE DISABILITY CONFIDENT
ON CAMPUS

*My*PLUS⁺
UNIVERSITIES'
CLUB

 myplusstudentsclub.com

MyPlus Universities' Club



University careers services have a vital role to play in ensuring that disabled graduates have the tools they need to realise their potential and gain employment in roles that fit in with their career plan.

– Lord Shinkwin

Introduction

Our vision is to ensure that having a disability or long-term health condition doesn't prevent anyone from having the career that they want to have.

In line with the Office for Students' approach into improving equality of opportunity at university and beyond for disabled students, we are pleased to launch My Plus University Club (MPUC). MPUC is a membership forum aimed at progressing disability confidence within Careers and Employability teams and which will support them to enable disabled students to realise their career potential.

14% of students in UK universities have a disability or long-term health condition. Like their non-disabled counterparts, they choose to go to University for a variety of reasons, including to pursue a particular career or to enable them to get a better job than they would otherwise have done. However, it remains considerably harder for them to find employment upon graduating than for their non-disabled counterparts; and research shows that disabled graduates at all qualification levels are less likely to have obtained full-time employment than non-disabled graduates.

The OfS has set out its approach to access and participation in order to improve equality of opportunity for underrepresented groups to "access, succeed and progress" from HE, and the latest AGCAS research calls for more action to "remove barriers preventing disabled graduates from accessing and thriving in fulfilling careers."

In order to address this issue, careers advisers and employability teams, student support staff and academic staff with a wider employability remit, must all understand the specific challenges facing disabled students as they transition from education to employment, and be in a position to support them with accurate information, resources and advice.

MyPlus are well-positioned to provide knowledge, confidence and expertise based on our extensive experience of working with disability confident employers through **MyPlus Recruiters' Club** and by our engagement with disabled students via our **MyPlus Students' Club** which provides useful careers resources to disabled students.



Membership

MPUC aims to upskill all staff advising disabled students on recruitment by providing:

- Complimentary places at staff training events: workshops and webinars
- Complimentary places at the annual MyPlus Reception and Disability Progress Awards event.
- Complimentary places at MyPlus Recruiters' Club events
- 4 x complimentary coaching sessions for staff to support them with their disability strategy
- Reduced cost for student digital training packs covering the 'how to' of job attainment with a disability
- Reduced consulting fees for bespoke training and development of staff
- Reduced fees for the design and delivery of a bespoke webinar for your institution

MyPlus Universities' Club Membership Package

Workshops & Webinars for Careers Advisers

Our training events are an integral part of how we support career and employability teams in particular, and student services team more generally, to understand the challenges facing disabled students regarding employment and build disability confidence.

Disability confidence on campus means ensuring staff have the capability (knowledge, skills and attitude) to be able to support students as they transition from university to employment and be able to provide the expert advice required to enable them to successfully tackle the recruitment process. By building knowledge and skills across the 5 pillars of disability confidence, our training events will enable you to confidently coach and mentor students towards successfully achieving their career goals.

The interactive style of the workshops provides delegates with plenty of opportunity to ask questions and discuss the key issues. The format also enables delegates to learn from others working in this challenging space.

Training workshops and webinars

To find out more about our training workshops and webinars for university staff please refer to our Events Page.



MyPlus Annual Reception & Disability Progress Awards

The MyPlus Annual Reception is a highlight of the MyPlus calendar. It provides an opportunity for our members to hear the latest from across the business and enables delegates to build their understanding and knowledge about disability and student employment.

It also provides you with an opportunity to network with other members, businesses and individuals associated with disability over drinks and canapés.

The diversity of attendees, including university staff, employers, students, disability practitioners and government brings a real richness to the discussions that take place.



For the first time in 20 years of my career I heard the voice of someone who spoke about disability without any inhibitions... It has been a truly enriching experience.

— **Parm Sahota, Kings College London**

My Plus Recruiters' Club events

Founded in 2010, the MyPlus Recruiters' Club is a membership forum for graduate recruiters to gain and share insights, build greater disability confidence and realise the possibilities of opening up graduate recruitment to students with disabilities.

Our calendar of informative and interactive training events enables members to learn about key issues, share best practice and network with others facing similar challenges.

Joining us at our Recruiters' Club events will provide another opportunity to build your knowledge regards disability and employment as well as the opportunity to meet with disability confident employers.

To find out more about these events, visit: myplusconsulting.com/about-recruiters



Coaching sessions for Careers Advisers

Universities' Club members benefit from 4 x 45 minute telephone coaching sessions with the Universities Partnership Manager at MyPlus. The coaching is designed to ensure that members get the most from the UC membership, are confident to use the MyPlus Students' Club resources with their students and are knowledgeable to embed a disability confident careers culture at their institution.

Sessions could include:

- Getting the most out of your membership: What's on offer at MyPlus
- Pillars of Disability Confidence: Identifying the areas for knowledge and skill development
- Planning your disability game plan: What is your aim and objectives
- Engagement with disabled students: How can you improve messaging and signposting of resources.

Student skills sessions: digital training packs

We have developed 2 training packs designed for use by staff, to coach students on disclosure and identifying strengths during the application process. Each interactive training package will equip you with up to date information and the resources to build the confidence and skills of disabled students to address the unique challenges they face as they successfully transition from education into employment.

- **Disclosure:** How to disclose a disability and benefits of doing so
- **Identifying strengths:** Using a disability to stand out from the crowd
- Accessing support & adjustments during the recruitment process
- **Applying with a disability:** accounting for differences in your application

Each digital training pack includes:

- A Train the Trainer guide & notes
- A video introduction to the training
- A power point deck of slides

These digital training packs are available to UC members at a discounted rate.



Events

Universities' Club Events Calendar

WEBINAR	30th April 2020 10.30am – 11.30am	Accessing support during the recruitment process: helping your students get the support they require	A webinar hosted by MyPlus
ANNUAL RECEPTION	30th June 2020	MyPlus Annual Reception & Disability Progress Awards	Hosted by EY; Central London
WEBINAR	14th July 2020 10.30am – 11.30am	Bringing disability confidence to campus: Getting started	A webinar hosted by MyPlus
WEBINAR	9th September 2020 10.30am – 11.30am	Supporting disabled students into employment: An introduction	A webinar hosted by MyPlus
WORKSHOP	1st December 2020 10.00am – 1.00pm	Applying with a disability: standing out for the right reasons	Hosted by Mayer Brown; Central London
WORKSHOP	8th December 2020 10.00am – 1.00pm	Applying with a disability: standing out for the right reasons	Hosted by KPMG; Manchester

Recruiters' Club Events Calendar

WORKSHOP	23rd January 2020 9.30am – 12.00pm	Talking about the 'D' word Build the confidence to do the right thing - from recruitment onwards	Hosted by Hogan Lovells; Central London
BREAKFAST SEMINAR	26th February 2020 9.00am – 10.30am	Professionally speaking First-hand insights on making the workplace work for everyone	Hosted by Clifford Chance; Central London
WEBINAR	24th March 2020 10.00am – 10.45am	The talent-spotter's guide to disability An introduction to the key issues around disability and the workplace	Hosted by MyPlus
WORKSHOP	23rd April 2020 9.30am – 12.00pm	A difference perspective Understanding neurodiversity - what it means and what it can add	Hosted by Freshfields; Central London
ANNUAL EVENT	2nd/3rd Wk May 2020 6.00pm – 8.30pm	Annual Reception & Disability Progress Awards 2020 An evening of magic, celebration, drinks, canapes and networking	Hosted by TBC Central London
WORKSHOP	10th June 2020 9.30am – 12.00pm	Let's be honest... Discussing the benefits of fostering openness around disability	Hosted by Mayer Brown; Central London
WEBINAR	21st July 2020 10.00am – 10.45am	How to be exclusively inclusive Guiding employers on how to achieve barrier-free recruitment	Hosted by MyPlus
DISABILITY CAFÉ	16th September 2020 9.15am – 1.00pm	Keeping mental health in mind Discussions on mental health in recruitment at work	Hosted by PwC; Central London
BREAKFAST SEMINAR	26th November 2020 9.00am – 10.30am	Next generation thinking First-hand insights on studying and job-hunting with a disability	Hosted by Macfarlanes; Central London

MyPlus Universities' Club Costs

Annual Membership - £1,995	Non-members
2 complimentary places at each of the 2 UC workshops per annum Additional workshop places: £95 each	UC Workshops: £250 per place
2 complimentary places at the MyPlus Annual Reception and Disability Progress Awards Additional places: £95 each	MyPlus Annual Reception and Disability Progress Awards: £250 per place
2 complimentary places of your choice at 2 different MyPlus Recruiter's club events per annum Additional places: £95 each	MyPlus Recruiters' Club RC events: £350 per place
Up to 5 places at the 2 x UC webinars Additional places: £50 each	UC Webinars: £95 per place
4 x 45 minute telephone coaching sessions per year for Careers Advisers Additional places: £50 each	4 x 45 minute telephone coaching sessions per year for Careers Advisers: £1,200
Discounted MyPlus Consulting day rate for bespoke training and development of staff, and disability confident programmes £1,200 per day + VAT	MyPlus Consulting day rate for bespoke training and development of staff, and disability confident programmes: £1,400 per day + VAT
Discounted Digital Training packs with train-the-trainer notes: £250 per pack <ul style="list-style-type: none"> • How to disclose a disability Identifying Strengths <ul style="list-style-type: none"> • Using a disability to stand out from the crowd • Accessing support & adjustments during the recruitment process Applying with a disability <ul style="list-style-type: none"> • Accounting for differences in your application 	Discounted Digital Training packs with train-the-trainer notes: £350 per pack <ul style="list-style-type: none"> • How to disclose a disability Identifying Strengths <ul style="list-style-type: none"> • Using a disability to stand out from the crowd • Accessing support & adjustments during the recruitment process Applying with a disability <ul style="list-style-type: none"> • Accounting for differences in your application
Discounted rate for the design and delivery of a bespoke webinar for up to 150 people: £1,200 + VAT	Rate for the design and delivery of a bespoke webinar for up to 150 people: £1,200 + VAT

MyPlus

MyPlus are one of the UK's leading authorities in disability and graduate recruitment. Established in 2006 we have worked with, and continue to work with, a variety of organisations including Barclays, EY, Hogan Lovells, the Bank of England and Teach First. In addition, MyPlus works with students through their insights days and through the MyPlus Students' Club website which provides specialist advice and resources to disabled students to enable them to successfully navigate the recruitment process.

MyPlus was founded, and continues to be lead, by Helen Cooke - an HR professional, disability consultant, trainer and speaker.

Recognised nationally as a leading expert in disability and graduate recruitment, Helen's unique approach stems largely from her wide-ranging experience, drawing on her commercial background, her HR expertise, as well as first-hand experience of disability. Helen uses a wheelchair as a result of a childhood spinal injury, and she uses her personal experiences to bring the subject alive and to help people to really understand the key issues.

MyPlus is...

- My determination to overcome the barriers in front of me
- My capacity to prove myself to everyone I work with
- My desire today to help individuals and organisations realise new possibilities
- What makes me who I am
- Why all employers should open up to people with a disability.



I don't believe I am any more special than anyone else.
But I do believe my disability has given me something extra.

– **Helen Cooke; MyPlus founder**



Helen's experience as a graduate, an employer and a consultant gives her a unique insight into the issues faced by students with disabilities, educators and employers. Her work has always been solutions focused, helping drive industry change and improving outcomes for students.

– **Stephen Isherwood; C.E.O Institute of Student Employers**